



GRAND CANYON TREK 2019

Raising Funds for The Steve Prescott Foundation

This is a bespoke package for a Grand Canyon Trek that is not available to any other charity and offers a lot more than the usual Grand Canyon Treks, it is also a lot more difficult, with kayaking and paddling.

We also offer an extra day in Las Vegas which also is not available with any other charity.

The proposed Itinerary is as follows :-

With Trekking, climbing, rafting, paddling and the first ever game of Rugby League, this adventure will be physically demanding and the heights climbed and descended will prove challenging. We will be completely self-sufficient and living wild in the desert whilst trekking to places that cannot be accessed by air or vehicle. The things you will see, the scenery we will be surrounded by, and the untouched dinosaur fossils and footprints will distract from the hard work and lead to a breathtaking and once in a lifetime experience. Depending on ability we will climb and walk lesser known routes and have a National Park as our playground for a week.

DAY ONE – Fly from Manchester to Phoenix



15th Oct – Go straight to camp at the South Rim Grand Canyon



Outbound

15th October Depart Manchester 10.50 arrive Philadelphia 13.40

15th October Depart Philadelphia at 15.50 arrive Phoenix 18.03

3 hour from Phoenix to South Rim Grand Canyon Camp located in the little Colorado River corridor. This remote location has access to the Little Colorado overlook. This will be your first camp.



DAY TWO – 16th Oct

Full day south rim and back to camp

Split into 3 groups of 10 - In the morning your guides will prepare breakfast before departing camp to drive into the Grand Canyon to begin the day of hiking. The group will hike various trails with names being South Kaibab, Grand View, Hermits Rest. The trails descend 3,000 ft. into the canyon with trail distances ranging from 5 miles to 18 miles round trip. Elevation gain and loss at approximately 7,500 ft. After a full day in the Grand Canyon you will return to camp for dinner and time to relax under the desert sky.

SOUTH KAIBIB



GRAND VIEW



HERMITS REST



The First Ever Game of Rugby League to be played in the Grand Canyon.

This will be on the banks of Lake Powell.

Will you be #TeamBarrie or #TeamBriersey, they both want to win to settle a grudge.



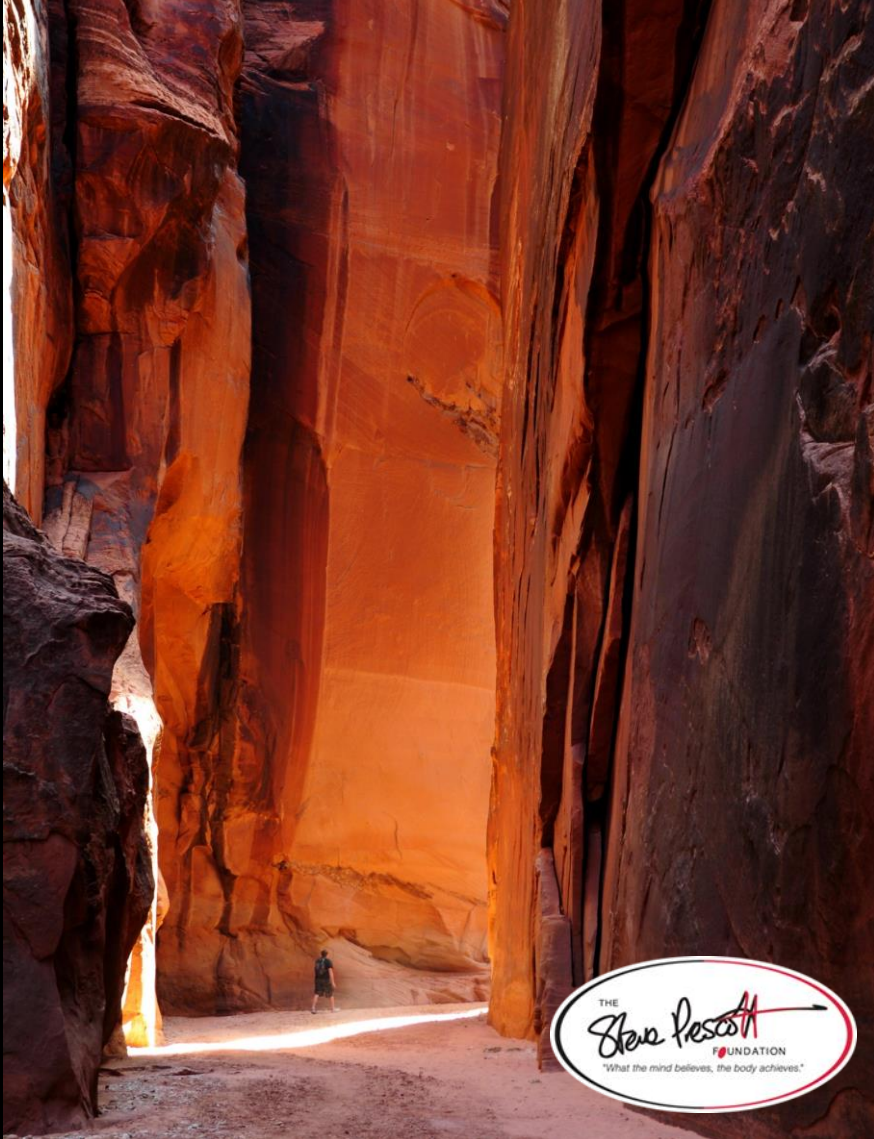
After the game of Rugby League at Lake Powell we you will have 15 kayaks staged and ready to be launched onto the Lake. The group will paddle up to 20 miles up lake to a remote camp site on a beach overlooking the red rocks (NOTE: The distance can vary depending on weather and group ability). There are amazing slot canyons as well as dinosaur footprints to view on the Lake in addition to the incredible scenery.

LAKE POWELL





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DAY FOUR – 18th OCT

Travel to Buckskin Gulch

After breakfast at camp you will paddle back to the marina to be picked up and transferred 1 hour to Buckskin Gulch. The paddle back will offer the opportunity for swimming, hiking and taking alternative routes to see another part of the Lake. The drive to Buckskin cuts through the Vermillion Cliffs with an optional stopover at Toad Stools for a short 2 mile hike to unique rock formation. Overnight at Buckskin Gulch Trailhead.

The longest slot canyon in the world. This is a hike only for those that are well-prepared. With the walls hundreds of feet above your head the trail head begins through the wash of a slot canyon before descending deeper into the canyon. Hike information below:

Buckskin Gulch Hike Details: Distance – 20.6 miles roundtrip, and a car is needed at each trailhead

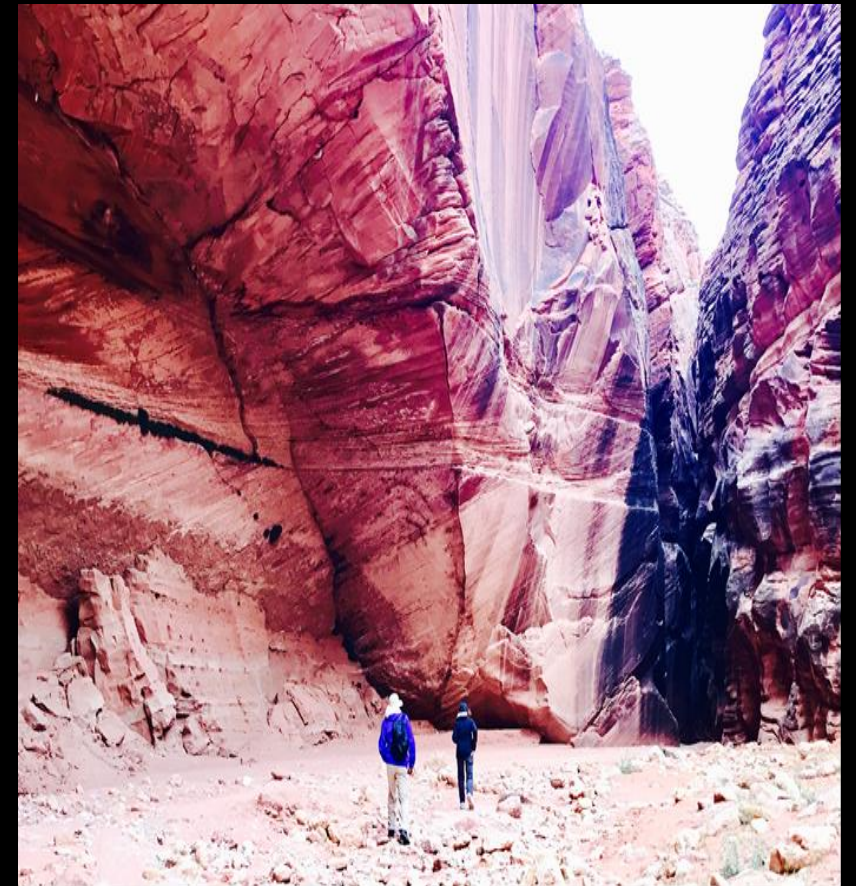
Approximate hiking time – Anywhere from 10 hours to 14 hours.

Elevation at Wire Pass Trailhead – 4860 feet

Elevation at the confluence of Buckskin Gulch and the Paria River – 4100 feet

Elevation Loss of 760 feet to the confluence with the Paria River, and a gain of 180 feet from the confluence to White House Trailhead.

Trail – sand, large and small rocks, and numerous stagnant pools may need to be waded.





DAY SIX – 20th Oct



This 11 plus mile loop hike with 2900ft of climbing and an equal amount of descending is a workout, but the natural beauty and adventure certainly makes the trip worth it. From the juniper speckled desert floor to ponderosa pine forests, expansive sandstone slickrock fields dotted with hoodoos, a narrow slot canyon and even a walk to an arch suspended 1000ft above the canyon floor make this hike a great way to spend a day. After the climb you will drive 40 minutes to the camp site located outside of Zion National Park.



DAY SEVEN – 21st Oct



You will start hiking the Angels Landing from the Grotto to begin the 5.5 mile hike to the summit. Angels Landing is one of the world's most renowned hikes and is an unforgettable short adventure hike worthy of all bucket lists. The views of Zion Canyon's 270 million-year-old rock layers will time travel you back to the Triassic period when this section of the Colorado Plateau was a flat basin at sea level. Anyone in an average physical condition can make this heavenward trek, but it can be mentally challenging with its steep switchbacks and sheer drop-offs. There are chains bolted into the cliff to provide secure handholds. While only 5.2-mile round trip with 1,500 feet of elevation gain this hike is the perfect culmination of an amazing adventure.

After the hike you will have a 3 hour drive to Las Vegas.

Stay at the Luxor for Two Nights

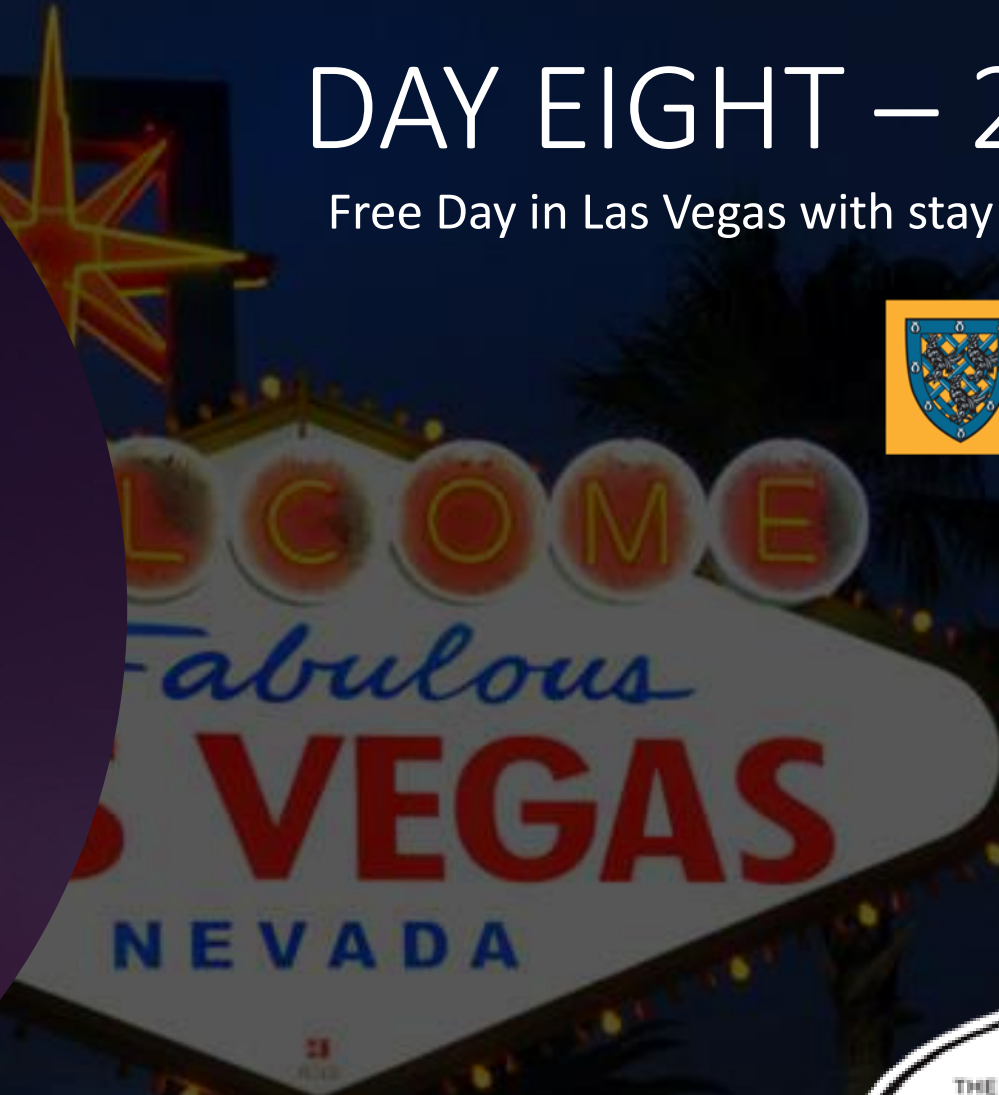


DAY EIGHT – 22nd Oct

Free Day in Las Vegas with stay at the Luxor Hotel



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DAY NINE – 23rd Oct/24th Oct

Return

23rd October Depart Las
Vegas 12.25 arrive
Philadelphia 20.15

23rd October Depart
Philadelphia 21.05 arrive
Manchester 9.00 (24th Oct)





FUNDRAISING



- Total amount to be raised £4700
- £300 Deposit to secure your place, with signed contract.
- £2000 to be raised by 1st August
- Remaining £2400 to raised by 1st Oct
- Support and assistance from SPF

Costs Include

- 2 Tour Leaders from Accelerate Coaching with PLI
- 3 experienced guides & drivers with PLI
- All meals on the trip (Breakfast, Lunch & Dinner) except in Las Vegas
- All Flights, Transportation between challenges, equipment & tents
- Final BBQ at Zion Ranch for all participants
- All permits and fees
- Pick up in Phoenix & Drop off in Las Vegas
- 2 night's accommodation in Luxor Hotel Las Vegas
- 2 T Shirts, Hoody & Sun Hat to be provided by SPF
- Insurance to be supplied by SPF, any medical conditions extra to be paid by participant





INSPIRATION

The Steve Prescott Foundation (SPF) is a registered charity and is the legacy of Steve Prescott MBE who passed away in November 2013. Steve played rugby league for St Helens, Hull FC and Wakefield Trinity Wildcats and was a Great Britain and Ireland international. Steve was diagnosed with a rare abdominal cancer, pseudomyxoma peritonei (PMP) in 2006 and formed the SPF in 2007. He underwent a pioneering multivisceral transplant in 2013 but sadly passed away several weeks later following complications.

The SPF is very proud of the legacy left by Steve and the inspiration he gives to people to support his chosen charities.

The donations to the SPF go to support The Christie in Manchester, the Rugby League Benevolent Fund and the SPF Special Causes Fund. The SPF fund allows those hospitals, researchers and surgeons who deal in Pseudomyxoma related conditions and multi visceral transplantation to apply for grants to the Trustees of the SPF who will ensure that the money will have a direct and significant effect on people's lives.

The donations we receive really do make a difference to people's lives. Video – The Inspirational Steve Prescott MBE <https://youtu.be/cwNIG4AZyv0>

So far we have donated over £1.5million and we can only continue the great mans legacy with your support

www.steveprescottfoundation.co.uk Registered charity no.1121395