

TOWER to TOWER

SPF CYCLING CHALLENGE 2020

26th June- 2nd July

7 days - 5 days Cycling



Cycling Paris to Blackpool will be an awesome experience starting from the iconic Eiffel Tower in Paris, where Steve Prescott once visited, then setting off on a 450 mile bike ride to the magnificent Blackpool Tower.

Whilst the normal charity cycle is from Paris to London as ever the Steve Prescott Foundation (SPF) have gone that step further and has stretched this charity challenge by cycling on to the famous Blackpool Tower. This is a truly inspirational ride that will take you through some magnificent scenic towns, making your heart burst with pride as you cycle this epic challenge for this amazing cause and continuing the great mans legacy!

The SPF has so far donated over £1.6 Million to its chosen charities and is making a huge difference to so many people's lives. As you peddle along, every cog you turn will be supporting The Christie Cancer Hospital, the Rugby League Benevolent Fund and the SPF Special Causes Fund.

You are going to be in for a fantastic cycle ride. The tarmac in France is superb, and cycling is the nation's favourite sport, so don't be surprised if the locals cheer you on! On the 'French side', we cycle along quiet country lanes, through traditional market towns with views of the rolling green hills of Northern France. Once we have taken the ferry from Caen to Portsmouth, the journey to Blackpool takes us through some glorious undulating countryside with beautiful English villages along the way. Whether you are a regular cyclist or simply a novice, as long as you are willing to train hard, then this event is perfect for you.





ITINERARY

26th June - Fly from Manchester to Paris

27th June – Cycle from Paris to Evreux

28th June – Evreux to Caen – Ferry to Portsmouth

29th June – Portsmouth to Whitney (Oxford)

30th June – Whitney to Trentham Gardens (Stoke)

1st July – Trentham Gardens to Blackpool

2nd July - Home

WHAT'S INCLUDED

- Bike transport from St Helens to Paris and back to St Helens– if required
- Flight from Manchester to Paris
- All accommodation
- All meals starting from evening meal on day one to breakfast on day seven
- Lunch provisions en route
- Complete transport of luggage between hotels during the ride
- Full trip support
- Celebration meal in Blackpool at the end of your ride.
- 2 x SPF Cycling Shirts
- 2 x SPF Team Precky tee Shirts





WHAT'S NOT INCLUDED

- A bicycle
- Personal travel insurance
- Alcoholic drinks, personal items or entry to any optional tourist sites you may wish to visit.
- Extra drinks, supplements that you may require
- Remember to allow extra for drinks, snacks, souvenirs and other personal expenses.
- We strongly recommend you carry a credit card in case of personal emergency.



FUND RAISING OPTIONS

OPTION 1 – FUND RAISE

- £200 Deposit to secure your place
- £1000 to be fund raised by 1st April
- £1000 to be fund raised by 15th May

OPTION 2 – Half Self Fund/Half Fund Raise

- £200 Deposit to secure your place
- £1000 to be paid by 1st April
- £1000 to be fund raised by 15th May

SELF FUNDED

- £200 Deposit to secure your place
- £1000 to be paid by 1st April
- £800 to be paid by 15th May

TO SIGN UP PLEASE EMAIL info@steveprescottfoundation.co.uk or further info call Martin 07971792859